

AERIAL HOOP MEASUREMENT

Welcome to **ARIZE** Aerial, developed by X-POLE. **ARIZE** Aerial equipment has been tried and tested in studios & homes across the world. Our Aerial Hammock Mount enables everyone to experience **low level, non-dynamic** Aerial Hammock at home with ease. A simple twist to lock or unlock system allows you to remove the eye insert, with the hammock attached for easy storage of your hammock.

MEASURING YOUR HOOP HEIGHT

Our hoop measurements are inside to inside diameters, so for this reason we would recommend that you sit on a chair with good posture and measure from the seat of the chair to the top of your head and add 5cm. We would advise getting a hoop closest to this measurement

